

Alabama. These KD sisters joined forces to establish Spring Hill Kitchens and its star product, Mamie's Famous Cheese Wafers.

The recipe is a family favorite, created by Barkley's mother, Mary Byrd, who is called Mamie by Barkley's children. Barkley's sisters had often talked about how nice it would be to always have a roll of cheese wafer dough in the freezer and whether the product could sell.

Barkley mentioned the conversations to Susan as they nibbled on the cheese wafers at a party in May 2003, and said she might try to develop the product. Susan was intrigued and after a few days, decided she would like to join the effort. "We worked together well in the alumnae association," Barkley says, "so we knew we could do the same in a business."

After researching the project for months, Susan quit her job as a paralegal and Barkley put graduate school on hold. By December Mamie's was ready — a 14-ounce roll of frozen ready-to-bake dough that when baked for 12 to 15 minutes, yields about five dozen wafers and fills the kitchen with delightfully cheesy smells.

Beginning with local distribution in Mobile, the two have expanded their retail outlets to selected markets in Alabama, Florida, Louisiana, Mississippi, North Carolina, Maryland, Texas, and Kentucky. And they've been noticed by the media — Southern Living, Mobile Bay Monthly, Birmingham Home & Garden, and the Mobile Register.

You can check out the retailers online at www.mamieswafers.com and if there isn't one nearby, you can order the wafers delivered to your door.

Barkley and Susan say Kappa Delta taught them lessons that have translated into their business philosophy. "We try to view



Barkley Shreve, left, Zeta-Alabama, and Susan Thompson, Sigma Lambda-Auburn

Say "Cheese"

The world of good eating can thank the Mobile, Ala., KD Alumnae Association for bringing together Susan Hunnicutt Thompson, Sigma Lambda-Auburn, and Barkley Byrd Shreve, Zeta-